

# Kids Autism HUB

## Information | Connection | Support | Signposting

Are you a young autistic person who has just been diagnosed? Are you a parent wondering how best to support your autistic child? Do you want to connect with other people like you? Then the **The Kids Autism HUB** is for you.

### What is it?

#### At the Kids Autism HUB you can:

- Find Accurate information about autism
- Hear from other young autistic people and their families
- Talk to other friendly people sharing their experiences on weekly online groups
- Explore other autism services across Essex, Southend, and Thurrock

### How do I join?

The Hub welcomes you to self refer.

Follow the link:

[autismhub.kids.org.uk/self-refer](https://autismhub.kids.org.uk/self-refer)

Or scan the QR code here:



### Who is it for?

- Young people aged 12-25 who have just received a diagnosis of autism or are going through the process of diagnosis
- the families of those young people

The Kids Autism HUB was commissioned by the NHS for Essex, Southend, and Thurrock and created by Kids, a national charity for children and young people with special educational needs and disabilities

